



# Volusia Neuropsychology & Behavioral Health

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Board Certified Neuropsychologist | FL Lic.  
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**Michael B. Meth, Psy. D.**

Clinical Psychologist | FL Lic. PY11479

Welcome to Volusia Neuropsychology & Behavioral Health (VNBH), and thank you for allowing me, Dr. Michael B. Meth, to work with you. We want VNBH to be a place of encouragement and effective change. We realize that the investment of time, energy, and resources is valuable, and we are grateful that you have chosen VNBH, and Dr. Meth, as the place to begin the process of counseling and healing.

I would like to provide you with some information about me and my practice. I am a licensed psychologist in the state of Florida and recently joined VNBH. Prior to that I worked in community mental health, crisis assessment and intervention, and correctional mental health. I provide individual therapy services aimed at evaluation, diagnosis, treatment planning and intervention, education, and support for your mental health needs. I work with adults with a broad range of issues including anxiety, depression, and substance abuse. I have assisted people with interest in improving self-esteem, lifestyle, and in changing unhealthy thought and behavior patterns. Areas outside of my scope of practice involve treatment of children, adolescents, and marital/couples counseling.

Before your appointment, please read the following practice policies and complete the attached paperwork. It's important this is completed and turned in at your first appointment. I ask that you arrive at least 15 minutes early with the completed paperwork. This allows my staff to process your paperwork and for me to get a sense of what is bringing you in and prepare questions pertinent to your situation.

**An initial session will generally last 60 minutes** and involves a review of your history and your presenting problem. **Follow-up psychotherapy session time generally runs 45 — 50 minutes.** I have policies in place to ensure there is rarely an inappropriate wait time to start your appointment. These policies are detailed on the Financial Policy form under the Cancellation Policy heading.

#### **Here's a checklist to help you through the forms:**

- Registration Form
- Consent for Treatment and Limits of Confidentiality
- Assignment of Benefits (allows us to bill your insurance)
- Authorization to receive and/or Release Information
- Financial Policy including the Cancellation Policy
- Permission for Reminder Calls
- Personal History Form

I look forward to meeting with you,

*Michael B. Meth, Psy.D.*

**Michael B. Meth Psy.D.**

**Licensed Clinical Psychologist PY 11479**

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