



Volusia Neuropsychology & Behavioral Health

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Sharon Crane, LMHC

Welcome to Volusia Neuropsychology & Behavioral Health (VNBH), and thank you for allowing me, Sharon Crane, to work with you. We realize the investment of time, energy, and resources is valuable, and we are grateful that you have chosen VNBH and Sharon Crane, as the place to begin the process of counseling and healing.

I would like to provide you with some information about me and my practice. I am a licensed Clinical Mental Health Counselor in the state of Florida. I have recently joined VNBH. Previously I worked with adults at a private psychiatric practice. Prior to that I spent four years working with children and adolescents on the Inpatient Unit at a local behavioral hospital. I provide individual and family services aimed at evaluation, diagnosis, treatment planning and intervention, education, and support for your mental health needs. I work with children and adolescents ages 12 and up as well as with adults. I work with a broad range of issues including depression, anxiety and self-esteem. I am EMDR trained and have experience working with adolescents and adults experiencing trauma. Areas outside of my scope of practice include couples/marital counseling and working with young children.

Before your appointment, please read the following practice policies and complete attached paperwork. It's important that this is completed and turned in before your first appointment. I ask that you arrive at least 15 minutes early with the completed paperwork. This allows the staff to process your paperwork and for me to get a sense of what is bringing you in and prepare questions pertinent to your situation.

An initial session generally lasts 60 minutes and involves a review of your history and your presenting problem. **Follow-up session time generally runs 45-50 minutes.** I have policies in place to ensure that there is rarely an inappropriate wait time to start your appointment. These policies are detailed on the Financial Policy form under the Cancellation Policy heading.

I look forward to meeting you,

Sharon Crane LMHC

Licensed Mental Health Counselor MH14634